



Scholarship Application for People of Color

Name:

Address:

Phone Number:

Email:

Please read and complete Stellarflow application, waiver, health history and attendance policy in conjunction to submitting this scholarship application. Answer these questions on a separate page, handwritten, typed OR in video format with a youtube.com link:

1. How long have you been practicing yoga?
2. How many hours do you typically practice a month?
3. Where do you currently practice yoga (home, studio, etc)?
4. Is there a yoga teacher that we may contact as a reference? (If yes, please provide name and contact information)
5. How has yoga benefited your life?
6. What are your goals in taking this training?
7. What can you tell us about yourself that you think will help you be successful in the training and as a teacher after the training?
8. Is there anything else you think is important for us to know about you?

Scholarship Process Application and Selection:

1. Applicants fill out a comprehensive application covering their background and goals in taking the teacher training. The application includes a reference from a yoga teacher.
2. Applications are reviewed and finalists are selected.
3. A reference check is performed.
4. Finalists are required to attend a class lead by a Stellarflow teacher training facilitator (Michelle Cordero, Kiki Lovelace or Marisha Doan) to meet the applicant.

Post Training Expectations For Recipient:

1. Write an impact statement about their training experience which may be posted (anonymously) on the Innerstellar website.
2. Write a mission statement for how they will use their training experience in the year following the training.
3. Follow up with Innerstellar at 6 months and 1 years for a status update on their mission statement.

**Email your completed scholarship application
with the Stellarflow Yoga Teaching Training application packer
to Marisha Doan, Yoga Teacher Training Program Manager
yogateachertraining@innerstellaryoga.com**